

# Kapik "Mad Men" Branding



1 Cool, Creative, Classic





#### The Mad Men Look





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#### The Core of the Look







#### **Deco or Tech?**







## **Vending or Free?**









# **Dispenser Type?**



Premium passengers will be able to order a shisha from their seat, before retiring to the Signature Shisha

Room where it will be prepared by an expert. Pictures: Emirates



# Arty?



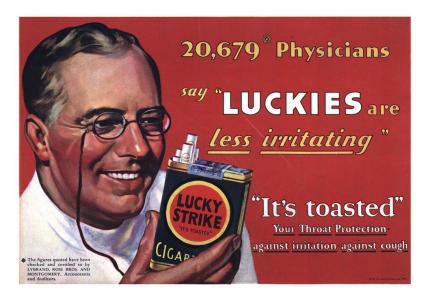


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2 Issues



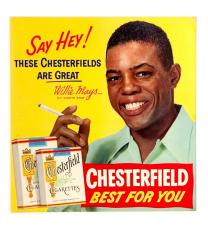
#### **Health: What's the Science?**





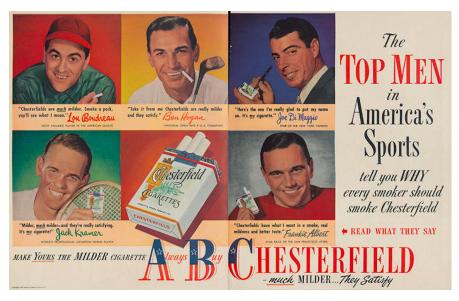
#### **Healthy and Slim**







# **Not Just Willie Mays**





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# It's Normal, it's Home







#### **People Want It**







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## **Comfortable**







#### **Pleasant**







## **Work and Play**







#### **Modern and Professional**







#### **Addictive**





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## **Sitting is The New Smoking**







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#### Katzmarzyk et al.

Medicine & Science in Sports & Exercise:

May 2009 - Volume 41 - Issue 5 - pp 998-1005 doi: 10.1249/MSS.0b013e3181930355

**Basic Sciences** 

## Sitting Time and Mortality from All Causes, Cardiovascular Disease, and Cancer

 ${\sf KATZMARZYK,\,PETER\,\,T.^1;\,\,CHURCH,\,\,TIMOTHY\,\,S.^1;\,\,CRAIG,\,\,CORA\,\,L.^2;\,\,BOUCHARD,\,\,CLAUDE^1}$ 

Results: There were 1832 deaths (759 of cardiovascular disease (CVD) and 547 of cancer) during 204,732 person-yr of follow-up. After adjustment for potential confounders, there was a progressively higher risk of mortality across higher levels of sitting time from all causes (hazard ratios (HR): 1.00, 1.01, 1.36, 1.54; P for trend <0.0001) and CVD (HR:1.00, 1.01, 1.22, 1.47, 1.54; P for trend <0.0001) but not cancer. Similar results were obtained when stratified by sex, age, smoking status, and body mass index. Age-adjusted all-cause mortality rates per 10,000 person-yr of follow-up were 87, 86, 105, 130, and 161 (P for trend <0.0001) in physically inactive participants and 75, 69, 76, 98, 105 (P for trend = 0.008) in active participants across sitting time categories.

Conclusions: These data demonstrate a dose-response association between sitting time and mortality from all causes and CVD, independent of leisure time physical activity. In addition to the promotion of moderate-to-vigorous physical activity and a healthy weight, physicians should discourage sitting for extended periods.



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#### Biswas et al.

Prolonged sitting was associated with higher mortality from all causes, as well as increased incidence of cancer, cardiovascular disease, and type 2 diabetes, even among people who exercise regularly, according to a meta-analysis published in the January 20 issue of the Annals of Internal Medicine.

..

Sedentary lifestyle was linked to a hazard ratio (HR) for all-cause mortality of 1.240 in the meta-analysis (95% confidence interval [CI], 1.090 - 1.410). Further, sedentary behavior was associated with an increase in cardiovascular disease mortality (HR, 1.179; 95% CI, 1.106 - 1.257), cardiovascular disease incidence (HR, 1.143; 95% CI, 1.002 - 1.729), cancer mortality (HR, 1.173; 95% CI, 1.108 - 1.242), cancer incidence (HR, 1.130; 95% CI, 1.053 - 1.213), and type 2 diabetes incidence (HR, 1.910; 95% CI, 1.642 - 2.222).



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## Which One Dies?





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